Dosbarth Tryfan Mr Lewis – Summer 2024

Enquiry:
**How is your physical fitness related to your overall health and wellbeing?
What does it mean to be fit?**

During the Summer term we will be investigating the concept of ‘being healthy’. Through enquiry based learning and direct instruction we will be considering the questions above.

Learners will have the opportunity to describe and explain their knowledge and skill acquisition in the area of Health and Wellbeing.

Learners will use their enquiry time in class to experience and learn more about the benefits of physical activity, along with what else they feel will help to take care of their inner self, nurture their spirit and emotions, and help achieve a sense of well-being and balance! We will consider whether all of these things are necessary for a happy and healthy lifestyle. As a celebration of their learning for the term, the children will plan and conduct their own boot camp / mindfulness sessions for the parents and other family members to take part in.

See links below for Oxford reading buddy and Mathletics. If you need passwords to be reissued, please let me know.

[www.oxfordreadingbuddy.com](http://www.oxfordreadingbuddy.com)
https://login.mathletics.com/

|  |  |
| --- | --- |
| Language, Literacy and Communication  RecountsNewspaper reportsPersuasive writing Poetry writing Brochures   | Mathematics and Numeracy  TimeProblem solvingMultiplication and DivisionAddition and SubtractionMeasurement  |
| Humanities  Explore societal structure – does class, wealth, power and influence, role, employment, impact on a person’s health and wellbeing?  | Science and Technology Continued:*Yr 5 -* Forces and motion – Investigations around the forces impacting on moving objects. Yr 4 - CircuitsThe Human Body Dental HygieneAlgorithms Coding |
| Expressive Arts  *Due to an extensive enquiry exploring artistic techniques in our previous term, there will be a limited focus on the expressive arts during the summer term for the majority of learners.*    | Health and Wellbeing  Physical Education – Cricket sessions in preparation for a cricket tournament during this term. Boot Camp style activities led by teachers and developed by learners themselves. Mindfulness and meditation techniques. RSE |